

Teen Clinic



The Teen Clinic at Kids Count Pediatrics offers adolescents a safe place to discuss health concerns and obtain appropriate education and medical attention in a confidential setting. We give teens the option of seeking care during “teen clinic” hours in a socially friendly atmosphere while being able to offer education via videos, written material, and scheduled group sessions.

Primary topics will include:

- The Body (reproductive health, puberty, sleep, skin care)
- Fitness and Nutrition
- Drugs, Alcohol and Tobacco
- Emotions and Relationships
- Sexually Transmitted Diseases
- Unintended Pregnancy

Incentives such as free condoms and gift cards will be given to those who participate. Should a participant come in crisis our on-site mental health provider could be consulted. This clinic fits perfectly into the medical home model of health care which has proven to be successful in providing comprehensive and coordinated care.



Dr. Leticia Helleby, Teen Clinic Director, was born and raised in Brooklyn, New York. She has been a physician practicing primary care since the start of her pediatric residency program at North Carolina Baptist Medical Center. Dr. Helleby is fluent in Spanish and is passionate about adolescent health and education.



1919 N. Bridge Street • Elkin, NC 28621
336.835.7337 • kidscountpeds.net

Teen Clinic Hours: Tuesday 4-7pm

Call to schedule an appointment
or to ask about group sessions.